

Student Profile Observation Tool (SPOT)

PROFILE 1 PROFILE 2

☐ developmentally lagging behind peers	☐ extremely slow rapid naming speed
☐ difficulty with reading basics	no progress with rapid naming activities
☐ often repeated a grade; needing more time	☐ often seems tired or checked out
☐ placed in transition kindergarten program	☐ slow to respond to questions and complete work
☐ receives occupational or physical therapy	☐ motor patterns are slow and weak
☐ limited by cognitive delays	☐ may have cognitive delays
☐ needing a lot of academic support	☐ performance improves with vestibular input
☐ slow gains despite academic support	☐ may have speech delays
☐ lack of progress meeting goals/standards	☐ slow reading despite intervention
PROFILE 3	Profile 4
☐ reads fast without comprehension	☐ tries hard but can't quite figure out the rules
☐ fast is more important than thorough	☐ reading speed is slower due to confusion
☐ ignores punctuation in text	☐ gets stuck easily and can't fix errors readily
☐ reads without inflection or voice	☐ may have attended many different schools
☐ doesn't have a "pause" button	☐ difficulty with executive functioning skills
☐ speed covers up lack of understanding	☐ learned helplessness is go to strategy
☐ moves before thinking	☐ inconsistent application of strategies
☐ ignores picture cues	☐ may give up easily due to frustration
☐ doesn't fix errors while reading	☐ with specific instruction, improves quickly
Profile 5	Profile 6
☐ difficulty with co-regulation and self-regulation	☐ may have a diagnosis of dyslexia
☐ checks many boxes on sensory checklists	☐ may exhibit signs of dyslexia
□ over-responsive to sensory input	☐ reading below cognitive ability level
☐ under-responsive to sensory input	☐ doesn't pick up readily on reading strategies
☐ seeks sensory input	☐ may appear lazy or checked-out
☐ motor delays, appears clumsy, postural issues	☐ more engaged when body is involved
a easily distracted by incoming sensory stimulii	☐ does better with visual or auditory support
☐ sensory needs impact academic skills	☐ thrives with explicit instruction
☐ difficulty modulating behavior	☐ may have a parent with dyslexia
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PROFILE 7 PROFILE 8

☐ may have two or more labels (ADHD, dyslexia)	☐ avoids reading due to lack of interest
needs a variety of interventions to succeed	☐ full of excuses to get out of academic tasks
☐ may be slower to complete work	☐ doesn't enjoy free reading or library time
☐ appears disorganized and unsure of tasks	☐ may have undiagnosed reading challenges
☐ tires easily when assignments are long	□ becomes stressed during timed tests
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no energy left for homework	□ looks at pictures but doesn't engage with text
relies on peers to figure out what is going on	stressed when asked to read aloud in class
☐ performing below academic potential	☐ dreads homework involving reading
☐ inconsistent progress, good days, bad days	☐ limited progress due to limited reading
Profile 9	OTHER OBSERVATIONS
☐ cool on the outside; stress bucket on inside	
perfectionism is the word of the day	
does well without a lot of effort	
☐ self-image wrapped up in external praise	
☐ extremely hard on self when making a mistake	
☐ hides insecurities, stress, and doubts	
☐ high expectations of self creates anxiety	
☐ can't start unless a perfect plan is in place	
☐ when all goes wrong, lacks coping strategies	
Profile Score	
Profile 1	/9
Profile 2	/9
Profile 3	/9
Profile 4	/9
Profile 5 _	/9
Profile 6	
Profile 7	/9
Profile 8	/9
Profile 9	/9

PRIORITIZE THE PROFILES WITH THE HIGHEST NUMBERS. COACHING PROTOCOL FOR EACH PROFILE IS TAUGHT IN THE POWER UP! FOR LITERACY COURSE.

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