

Dear Teachers,

I received training in S'cool Moves, a program developed by a reading specialist and an occupational therapist. I would like to support you and the students in your class. As my case load allows, I would enjoy coming into your classroom and sharing S'cool Moves routines with you and your students. Because I don't know all your students, I would appreciate it if you would maintain your regular discipline protocol while I am in the room and participate in the S'cool Moves routines along with your students. By your participation, you are showing the students that you value the activities while also learning the routines yourself. I will be focusing on empowering student leaders to follow through on activities after I leave the classroom.

To support you in creating the optimal learning environment, please choose what activities you would like me to teach based on the needs you have in your classroom. You may choose one or as many as you would like. I will work with you to decide how long you would like my sessions to be and dates that work for both our schedules. As part of our collaboration, I will be asking you to fill out a feedback questionnaire when we have completed all our sessions to help determine how the sessions went and if you felt the routines were effective in meeting your goals for your students.

S'cool Moves activities were designed to be done in minutes throughout the day. Hopefully, S'cool Moves activities will provide you with more time to teach because the routines are designed to help calm, focus, and motivate children so they can stay on task. For more information, feel free to visit the S'cool Moves website at www.schoolmoves.com.

Please check the routines you would like me to teach.

- Calming Routine
- Focusing Routine
- Recess Refocusing Routine
- Vision Warm-ups for Reading
- Blending Band Warm-ups for Spelling or Phonics
- Transition Activities
- Free Choice Poster Activities
- Minute Foundation Skill Warm-ups for Literacy Centers
- Core Strengthening for Writing Posture
- Fine Motor Warm-up for Writing
- Movement Breaks (with Calming Routine afterwards)
- Aerobic Fitness with Heavy Work Bands
- Test Prep Routines to Enhance Brain Integration
- I am open to any or all activities!

I look forward to working with you and moving with your class.

Please feel free to contact me. My email address is _____.

Thanks,