



Objectives
S'cool Moves Training, Levels 1 and 2
by Debra Em Wilson, MA

Participants will:

Increase their ability to apply brain research, mind-body science, and therapy techniques to the classroom and clinic environments in a practical, hands-on manner

Become familiar with literacy theory and the underlying neurophysiological aspects involved with literacy success for all children

Understand the Energy Expenditure Model (EEM) and how it affects learning and behavior

Use checklists to observe children experiencing difficulties in each quadrant of the EEM

Learn and use ten Minute Moves routines to improve focus control and academic success

Participate in activities using Focus Moves posters

Brainstorm behavior and academic challenges

Create an action plan for behavior and academic challenges using techniques taught during the workshop

Discuss current bridging strategies from clinic to home and school

Apply principles of the Energy Expenditure Model to student goals

Integrate movement strategies, music routines, and focus activities into daily routines

Understand the importance of documentation using a Response-To-Intervention Model

