



## Focus Moves Workshop Agenda

Introductions and Opening Activity

Margot Heiniger White's Learning Pyramid

Energy Expenditure Model

Learning Pyramid Observation Checklists

Focus Moves Introduction DVD

Focus Moves Beginning Level Posters, Integrating Academics, and Observation Checklists

    ANS: Focus Shapes I

    Posture/Sensation: Belly Stretches

    Body Image: Twister Puzzles I, Smiley Jumps I

Body Jive: Snow Angels

Focus Moves Beginning Level Posters Continued

    Laterality: Hands and Feet I, Jumping Feet I, Figure 8's

    Directionality: Vision Moves

    Pre-Academics: Smiley Tracing

    Shape Tracking with Research on Rapid Autonomic Naming

Body Jive: Previous Command Routine

Focus Moves Intermediate Posters, Academic Links, and Observation Checklists

    ANS: Focus Shapes II

    Posture/Sensation: Developmental Symphony

    Body Image: Twister Puzzles II, Smiley Jumps II

    Laterality: Hands and Feet II, Jumping Feet II, Cross Patterns

    Directionality: Rhythmic Tracking, Arrows

    Pre-Academics: Rhythm Snaps with Body Jive CCSP Routine

Focus Moves Implementation DVD

Modifications for Children with Special Needs

Focus Moves Advanced Poster Activities

Units, Newsletter, Order Form, Certificate, Evaluation